



AUGUST 6-10 2012



Programs

On-Ice Programs

Two 1-hour ice sessions per day will be provided which will include 45 minutes of power skating. Other emphasized skills will include stick handling, passing and receiving, shooting, communicating, and checking for those of age.

Off-Ice Programs

Over two hours of off ice instruction will include detailed training techniques, nutrition, and the importance of stretching. Participants will also be learning to respect team mates and coaches and understand the importance of being respectful.

There will be an introduction to core training, stretching, and nutrition, as well as off ice games related to hockey skills. Many of the activities will allow the participants to use the learned skills and information in their year round fitness program.

Dropping by will be guest speakers such as the local RCMP who will help to encourage, educate, develop, grow, and stress the importance of making smart choices in both hockey and life.

Daily classroom sessions will feature instruction with fun and educational learning material related to hockey.

Instructors (subject to change)

Guy Charron

Head Coach Kamloops Blazers

Nina Hyrcewich

Power Skating Instructor



as well as:

Dave Hunchak

Associate Coach Kamloops Blazers

Dan DePalma

Goalie Coach Kamloops Blazers

Ed Patterson

Assistant Coach Kamloops Blazers

Current and former **Blazers players**



“The coaching staff and myself are committed to providing your son or daughter with the opportunity to have fun and to improve and develop their hockey skills and their love for the game.”

-Blazers Head Coach Guy Charron



REGISTRATION

A **\$50.00 deposit** is required at the time of registration.

The total cost for the Blazers Hockey School will be \$400.00. Entire balance must be paid by May 1st, 2012 to secure a spot.

*the deadline has passed for Early Bird registration

Please register as early as possible as the 2011 Hockey School filled up very quickly and there are limited spots available.

Sample Daily Schedule

Arrival

- First Ice Session (1 hour)
- Off Ice Activity (1 hour 15 mins)
- Classroom Session (45 mins)
- Lunch (1 hour)
- Stretch/Walk (30 mins)
- Second Ice Session (1 hour)

Departure

Probable Group Times:

- Initiation:** 7:45am-2:00pm
- Atom:** 9:00am-3:15pm
- PeeWee:** 10:15am-4:30pm
- Bantam:** 11:30am-5:45pm

Registration Form

Child's Name: _____

Parent/Guardian: _____

Email: _____

Address: _____

City: _____ Province: _____

Postal Code: _____

Phone: (_____) _____

D.O.B. ____/____/____ Age: _____

Position: _____

Medical Card # _____

Medical Conditions or Allergies: _____

Jersey Size: Youth S/M Youth L/XL

Adult: S M L XL

Age Group: Initiation Atom Pee Wee Bantam

Method of Payment: Cheque Visa M/C

CC # _____

Ex. Date: ____/____/____ 3 Digit Valid. ____

Cheques Payable to:

Kamloops Blazers Hockey Club
300 Mark Recchi Way
Kamloops, B.C. V2C 1W3

Detailed Camp information will be sent to you via email prior to the Hockey School's start date.

If you would prefer to receive this by regular mail please indicate.

The Kamloops Blazers

are proud to announce the return of the Kamloops Blazers Hockey School for one week in August 2012. The school is open to both boys and girls from Initiation to Bantam and will feature instruction from current NHL and minor-pro players, current and former Blazers players, and members of the Kamloops Blazers coaching staff.

Each player will receive quality instruction, lots of ice time, and activities on and off the ice. A lunch program will be provided for the participants and is included in the registration fee.

You can register at the Kamloops Blazers Administration Office or by calling (250) 828-1144. Completed registration forms can be faxed to (250) 828-7822 or sent in by mail. A \$50.00 deposit is required at the time of registration. Payment can be made to the Kamloops Blazers Hockey Club by credit card, post dated cheques (all cheques must be included with your registration form) or by cash.